



Scottish Cycling North

CHAMPIONSHIP GUIDELINES

1. RACING

a. GENERAL

UCI/BC/SC rules will apply to all SC North Events. All SC North Events shall be open to any SC/BC member. Championship Medals shall be awarded to participating SC North riders only.

SC North Championships will be:

TIME TRIALS

Senior	Ladies	Junior	Youth
10 (16.09km)	10 (16.09km)	10 (16.09km)	10 (16.09km)
25 (40.23km)	25 (40.23km)	25 (40.23km)	25 (40.23km)
50 (80.46km)	50 (80.46km)	50 (80.46km)	Hill Climb
100 (160.93km)	100 (160.93km)	Hill Climb	
Hill Climb	Hill Climb		

OLYMPIC TIME TRIAL

Senior	Ladies	Junior	Youth
$\geq 14(22.5\text{km})$ 24(38.6km)	$\geq 14(22.5\text{km})$ 24(38.6km)	$\geq 14(22.5\text{km})$ 24(38.6km)	$\geq 14(22.5\text{km})$ 24(38.6km)

GRASS TRACK

Senior	Ladies	Junior	Youth
800m		1500m	
1500m			
2000m			
3000m			
4000m			
6000m			

ROAD RACE

Senior	Ladies/Junior Ladies	Junior	Youth
>60km	>45km	>60km	<40km

MOUNTAIN BIKE

Senior	Ladies	Junior	Youth
XC	XC	XC	XC
DH	DH	DH	DH

CYCLO-CROSS

Senior	Ladies	Junior	Youth

These Championships may be promoted by SC North, or alternatively they may be awarded to Clubs at the discretion of the Committee. The Committee also has the discretion to promote other events, e.g. Inverness-Elgin, Tour of Speyside etc.

Race organisers who have successfully bid for SC North Championships in any category must seek permission from the SC North Committee to allow the event to be cancelled or postponed before doing so.

Any entries received after the published closing date for a Road Race, Time Trial or Track Championship event will **not** be eligible to receive Championship Awards.

In the 100 Mile Time Trial Championship organised by SC North or Club awarded the Championship, any club which has a member competing must provide a marshal or official.

b. TIME TRIAL CHAMPIONSHIPS

Championship Gold/Silver and Bronze Medals will be awarded to the first three SC North members on a scratch basis in the following categories:

Male

Female

Junior Male

Junior Female

Under 16 Male

Under 16 Female

In addition to receiving the Gold Medal the winner of the Male 25MTT will also receive the Stapley Trophy.

Additionally a Gold Medal only will be awarded on age standard using VTTA age standard tables as follows:

Veteran Male.

Veteran Female.

Team Competition. Team medals will be awarded to the First Male and First Female team of three who record the fastest aggregate time, providing that at least two teams in each category enter. Team eligibility is defined by the member's current SC/BC membership card and constituent members of a team may belong to any category eligible for the event (Example: Senior, Junior, Youth or Veteran, Senior, Youth or any combination).

Time Trial Championships will be rotated around the courses in the SC North area as far as practicable.

c. TIME TRIAL BEST ALL ROUNDER COMPETITIONS

Time Trial BARs will be contested over the following distances (in miles).

Individual

Senior	Lady	Junior Male	Junior Female	Youth Male	Youth Female	Veteran Male	Veteran Female
25 (40.23km)	25 (40.23km)	25 (40.23km)	25 (40.23km)	10 (16.09km)	10 (16.09km)	10 (16.09km)	10 (16.09km)
50 (80.46km)	50 (80.46km)	50 (80.46km)	50 (80.46km)	25 (40.23km)	25 (40.23km)	25 (40.23km)	25 (40.23km)
100 (160.93km)	100 (160.93km)					50 (80.46km)	50 (80.46km)
						100 (160.93km)	

Veteran Male awarded on age standard using VTTA age standard tables

Vet Female awarded on age standard using VTTA age standard tables

Awards for individual BAR Championships are Gold, Silver and Bronze medals.

Team

Senior	Lady	Junior Male	Junior Female	Youth Male	Youth Female	Veteran Male	Veteran Female
1 st Team of 3 riders	1 st Team of 3 riders	1 st Team of 2 riders	1 st Team of 2 riders	1 st Team of 2 riders	1 st Team of 2 riders	1 st Team of 3 riders	1 st Team of 3 riders

Veteran Male Team will be decided on age standard

Veteran Female Team will be decided on age standard

Only SC North Region races may be used for BAR qualifying times with the exception of the 50 and 100 MTT's which may be any SC 50 or 100 MTT not taking place on the same day as the an SC North 50 or 100 MTT. The method of calculating the championship shall be the average speed at each distance added together and divided by three, correct to the third decimal place, with the exception of Male and Female Championships for Veterans which will be calculated for Males by taking the plus value at 25 miles, adding to it 2.5 times the plus of 10 miles followed by half the value at 50 miles and a quarter of the plus value at 100 miles. For Females it will be calculated by taking the plus value at 25 miles and adding it to 2.5 times the plus of 10 miles followed by half the value at 50 miles.

d. OLYMPIC TIME TRIAL

Championship Gold/Silver and Bronze Medals will be awarded to the first three SC North members on a scratch basis in the following categories:

Male

Female

Junior Male

Junior Female

Under 16 Male

Under 16 Female

Team Competition. Team medals will be awarded to the First Male and First Female team of three who record the fastest aggregate time, providing that at least two teams in each category enter. Team eligibility is defined by the member's current SC/BC membership card and constituent members of a team may belong to any category eligible for the event (Example: Senior, Junior, Youth or Veteran, Senior, Youth or any combination).

e. ROAD RACE CHAMPIONSHIPS

Championship awards shall be, Gold, Silver and Bronze Medals. Medals will be awarded as follows:

Senior	Lady	Junior	Youth
1 st	1 st	1 st	1 st
2 nd	2 nd	2 nd	2 nd
3 rd	3 rd	3 rd	3 rd

First Team provided Two or more Teams enter.

Circuit Race Distances as follows:

Open	Youth A (M&F)	Youth B (M&F)	Youth C (M&F)
50km Max	35km Max	25km Max	20km Max

f. ROAD RACE BAR

The road race BAR Championship shall be decided on a points basis from all the Region scratch Road Races or individual stages of Stage Races of 50k or more. Points shall be awarded to any rider gaining a placing in the first ten of any qualifying event. Points will be awarded as follows:

1st: 10 points

2nd: 9 points, down to

10th: 1 point

The rider with the highest points total at the end of the season will be the winner. In the event of a tie on points the winner shall be decided by reference to placings achieved, i.e. most first places, and if still equal, most second places etc. This rule applies to all tied placings.

Championship awards shall be:

Senior	Lady	Junior	Youth
1 st	1 st	1 st	1 st
2 nd	2 nd	2 nd	2 nd
3 rd	3 rd	3 rd	3 rd

g. GRASS TRACK CHAMPIONSHIPS

The SC North Committee shall award the Track Championships to suitable meetings. Championship awards shall be Gold, Silver and Bronze Medals for 1st, 2nd and 3rd individual.

h. GRASS TRACK BAR

The Track BAR shall be decided on a points basis from Championship races only, with the exception of the Junior 1500 metres. Points shall be awarded as follows:

1st: 3 points

2nd: 2 points

3rd: 1 point

In the event of a tie the same method shall be used as for the Road Race BAR to decide the winner.

BAR awards shall be Gold, Silver and Bronze Medals for 1st, 2nd and 3rd.

i. MOUNTAIN BIKE CHAMPIONSHIPS

The SC North Committee shall award the Mountain Bike Championships to suitable meetings. Championship Awards shall be Gold, Silver and Bronze Medals in each category.

Senior	Lady	Junior	Youth
1 st	1 st	1 st	1 st
2 nd	2 nd	2 nd	2 nd
3 rd	3 rd	3 rd	3 rd

The Time Trial Coordinator, Grass Track Coordinator, Road Race Coordinator and Mountain Bike Coordinator will maintain a list of all Results in their given discipline and publicise same at each AGM.