

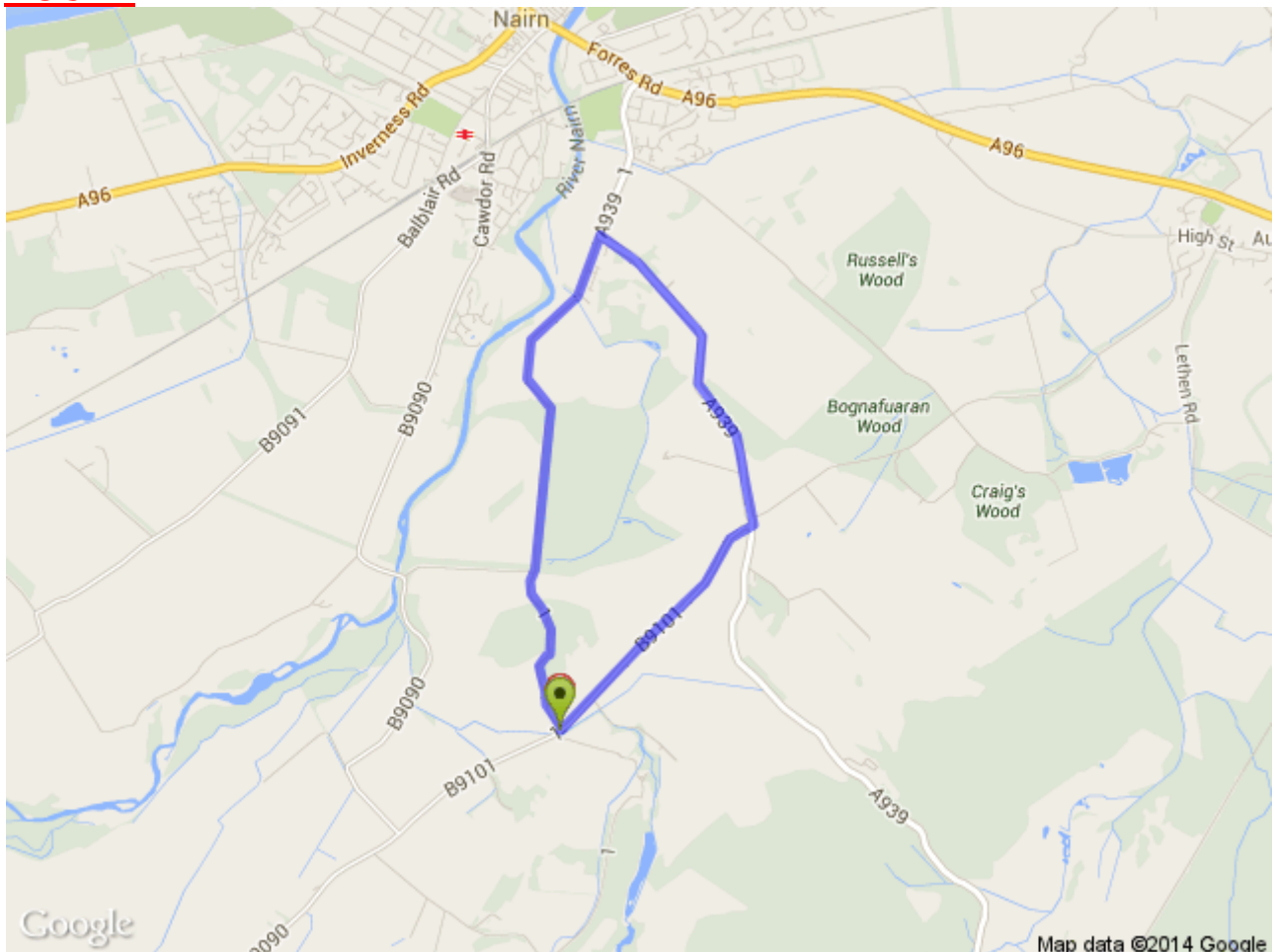


Moray Firth Cycling Club 34 mile APR  
11am Sunday 17<sup>th</sup> April 2016  
Cawdor Community Hall, Cawdor IV12 5XZ

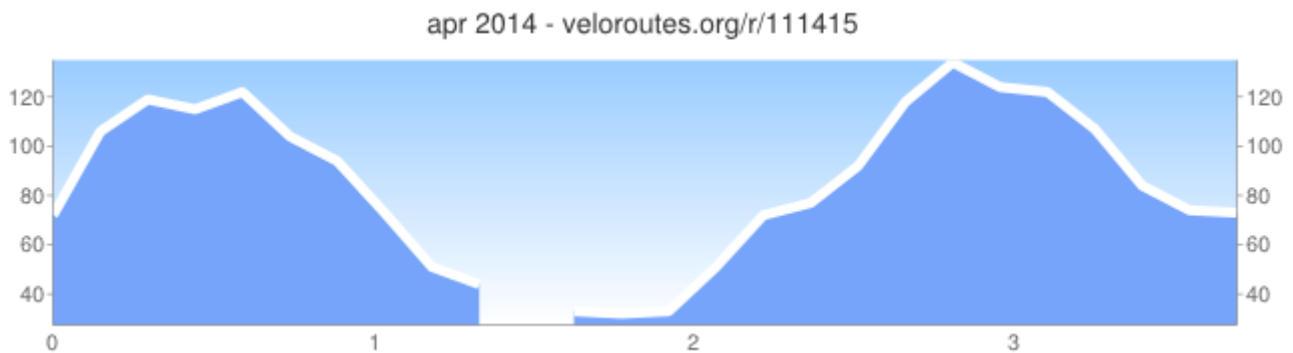
**OFFICIALS**

Role	Name
Chief Commissaire	Gavin Clarke
Assistant Commissaire	David Stuart
First Aid	Alasdair MacDougal
Results & Timing	John MacMillan & Team

**ROUTE**



PROFILE PER LAP FROM GREEN DOT ON MAP IN FEET



**STARTING ORDER:**

The first group leaves from **Cawdor Community Centre at 11am** sharp and heads East on the B9101 for approx. 2½miles to join the race circuit. The circuit is approx. 3.9miles long and is ridden in an anti-clockwise direction. Riders will complete 7 full laps AFTER crossing the finish line for the first time. A lap board will be on show at the finish line and a ball will sound with one lap to go.

**SAFETY**

Marshals will be positioned at each junction; please be aware that marshals do not have the right to stop traffic, riders MUST obey the rules of the road and ride safely about the riders around you. The Commissaire's may withdraw a rider considered to be riding unsafely including repeatedly crossing of the central white line road markings.

**SERVICE**

There will be spare wheels at all of the marshal points at junctions should you puncture; it is the riders own responsibility to change the wheel as marshals will be busy attending to marshalling duties.

**ODD NUMBERS TAKE FRONT WHEEL**

**EVEN NUMBERS TAKE REAR WHEEL**

## **Prizes\***

These will be awarded to the following positions:

Position:	Prize:
1 <sup>st</sup> Senior Male	£50
2 <sup>nd</sup> Senior Male	£40
3 <sup>rd</sup> Senior Male	£30
4 <sup>th</sup> Senior Male	£20
1 <sup>st</sup> Veteran	£30
2 <sup>nd</sup> Veteran	£20
3 <sup>rd</sup> Veteran	£15
1 <sup>st</sup> Lady or Junior	£40
2 <sup>nd</sup> Lady or Junior	£30
3 <sup>rd</sup> Lady or Junior	£20
Lateran Rouge	£15

\* Please note, one person, one prize

## **REFRESHMENTS**

These will be provided after the finish back at the Community Centre. Please be aware that the refreshments will be provided by club volunteers and not caterer.

**Please note that you eat the refreshments provided at your own risk as these items may either contain or have traces of nuts and/or gluten.**

## **SPECTATORS**

There will be signage erected for spectator's vehicles to follow so that they do not conflict with the race convoy and/or riders.

Directions are:

- Left Turn after approx. 2½miles onto the B9090 for a approx. 1mile;
- Sharp Right onto an unclassified road for approx. ½mile where verge parking is available on the left hand side.
- The finish line is a short walk; please take care while walking on these roads and be aware of passing cars and riders alike.

Please do not take dogs to the finish line. In the event that this cannot be avoided please keep them on a very short lead at all times.

## Moray Firth Cycling Club Cawdor APR Rider List

No.	Forename	Surname	Club / Team Name	Cat	Position:
<b>GROUP 1 - Start Time 11:00am</b>					
1	John	Bond	Forres CC	Vet	
2	Sophia	Green	Elgin CC	J Lady	
3	Georgia	Mansfield	Forres CC	J Lady	
4	Andrew	Scouller	Ythan CC	S	
<b>GROUP 2 - Start Time 11:03am</b>					
10	Beth	Anderson	Moray Firth Cycling Club	Lady	
11	Edward	Atkinson	Elgin CC	Vet	
12	Dominic	Chapman	Moray Firth Cycling Club	Jun	
13	Not Used	Not Used	Not Used	N/A	
14	Alastair	Fowler	Glasgow Nightingale CC	S	
15	David	Menzies	Aberdeen Wheelers CC	Vet	
16	Andrew	McKenzie	Moray Firth Cycling Club	S	
17	Bruce	Mitchell	Moray Firth Cycling Club	Vet	
18	Natalie	Munro	Moray Firth Cycling Club	Lady	
19	James	Shewan	Moray Firth Cycling Club	S	
20	Kevin	Smith	Moray Firth Cycling Club	S	
21	Kevan	Sturgeon	Moray Cycle Racing Team	Vet	
22					
23					
<b>GROUP 3 - Start Time 11:05am</b>					
30	John	Anderson	Glasgow Road Club	Vet	
31	Ronald	Coyne	Pedal Power RT	Vet	
32	Karl	Daly	Deeside Thistle CC	S	
33	Steve	Donaldson	Revolution CT	S	
34	Charles	Fairgrieve	Inverness Cycle Club	Vet	
35	Mike	Gannon	Inverness Cycle Club	Vet	
36	Stewart	Jarvie	Rock And Road Cycles	Vet	
37	Lewis	MacFarlane	Moray Firth Cycling Club	Jun	
38	Donald	MacRury	Moray Firth Cycling Club	S	
39	Brian	Nicholas	Moray Firth Cycling Club	Vet	
40	Garry	Nicoll	Unattached	Vet	
41	Chris	Petrie	Aberdeen Wheelers CC	S	
42	Colin	Riach	Elgin CC	Vet	
43	Darren	Stewart	Aberdeen Wheelers CC	S	
44					
45					

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<u>No.</u>	<u>Forename</u>	<u>Surname</u>	<u>Club / Team Name</u>	<u>Cat</u>	<u>Position:</u>
<b>GROUP 4 - Start Time 11:07am</b>					
50	Dariusz	Badyła	Cromarty Firth CC	S	
51	Terry	Christie	Elgin CC	Vet	
52	Matthew	Cockerell	Aberdeen Wheelers CC	S	
53	Rod	Cowe	Aberdeen Wheelers CC	S	
54	Anthony	French	Ythan CC	S	
55	Thomas	Gelati	Ythan CC	S	
56	Malcolm	Grant	Ythan CC	Vet	
57	Alan	Horsburgh	Inverness Cycle Club	Vet	
58	Scott	Macdonald	Cromarty Firth CC	Vet	
59	Chris	Main	Ythan CC	S	
60	Paul	Parrish	Cairngorm CC	Vet	
61	Marc	Roberts	Elgin CC	S	
62	Geoff	Smith	Inverness Cycle Club	Vet	
63	Alastair	Sutherland	Moray Firth Cycling Club	Vet	
64	Chris	Williamson	Deeside Thistle CC	S	
65	Mark	Wood	Elgin CC	S	
<b>GROUP 5 - Start Time 11:09am</b>					
70	Gavin	Beaton	Moray Firth Cycling Club	S	
71	Finn	Crockett	Ben Wyvis Cycle Club	Jun	
72	Thomas	Deas	Highland Bikes Racing Team	S	
73	Andrew	Gajda	Moray Firth Cycling Club	Vet	
74	Christopher	Goddard	Moray Firth Cycling Club	Vet	
75	Fraser	MacBeath	Moray Firth Cycling Club	S	
76	David	Macdonald	Moray Firth Cycling Club	Vet	
77	Ross	MacDonald	Moray Firth Cycling Club	Vet	
78	Lindsay	McCrae	Unattached	Vet	
79	Jayson	Weale	Aberdeen Wheelers CC	S	
<b>GROUP 6 - Start Time 11:10am</b>					
90	Noel	Baxter	Moray Firth Cycling Club	S	
91	Tom	Broadbent	Elgin CC	S	
92	Callum	Finlayson	Moray Firth Cycling Club	Vet	
93	Eric	Innes	Moray Firth Cycling Club	Vet	
94	Ross	Mallen	Royal Air Force CA	S	