

Cromarty Stage Race

SATURDAY 16 & SUNDAY 17 JULY 2016

A two day stage race
comprising three stages



- 8 KM PROLOGUE TT
- STAGE 1 – 52 MILE ROAD RACE
- STAGE 2 – 58 MILE ROAD RACE



Event promoted by Moray Firth Cycling Club

Victoria Hall, High Street, Cromarty

#mfccStageRace @MorayFirthCC @ScottishCycling @KLMPartnership



Cromarty Stage Race

Welcome to Moray Firth Cycling Club's two day Stage race based in the village of Cromarty.

We are delighted that Scottish Chartered Surveying firm KLM Partnership have once again kindly agreed to be our jersey sponsor for this year's race. In addition, we are grateful to the Cromarty Brewery Company for their support.

Many thanks also to Scottish Cycling for their continued support and assistance with prompting this event.

This year, supporters of the riders can keep up to date with the race action by following our regular live race updates on Twitter by using the hashtag #mfccStageRace.

The Race HQ is the Victoria Hall situated on the right hand side of Cromarty High Street as you enter the village. The hall will be open daily from 9am and has changing & toilet facilities and post-race refreshments; there is ample car parking to be found in and around the village itself.

STRICTLY NO PARKING IMMEDIATELY OUTSIDE THE HALL

Race Format

The racing begins at 10am on Saturday with a 4.3mile Prologue starting in Jemimaville and ending in Cromarty. Saturday afternoon holds the 52mile Road Race that starts & finishes in Cromarty and covers two laps of a 20mile (approx.) circuit that climbs Mount Eagle twice. The Queen Stage on Sunday starts at 10am and is a 58mile Road Race consisting of three and half laps of a 16.7mile (approx.) circuit finishing on top of Mount High.

Please note that 'Sign On' will close 30mins before Start Times for ALL stages.

Stage routes and profiles can be found within this information pack.

Prologue – Please note that riders on Saturday morning's Prologue will only be permitted to use a standard road bike. The use of aero wheels, such as tri-spokes, deep section rims and rear disc's, are permitted; Riders are permitted to don skinsuits, aero helmets and overshoe covers if they wish. The use of Time Trial specific bikes and tri/aero bars, including clip on bars are NOT permitted.

Please contact the race organiser should you have any queries or require further clarification on this matter prior to the race.

Stage 2 – Please note that there is a narrow temporary single carriageway bridge at the bottom of Mount High. Care **must** be taken at this point as riders will approach this bridge at speed following the long decent off Mount High. Red warning flags and road narrowing signs will be present in this area.

Stage 3 – Please note that there is a layby some 200-300meters beyond the race finish line on the left hand side; this is where all riders must congregate immediately after the finish. **DO NOT** ride through the finish line until directed as this may interfere with the Photo-Finish Equipment. The Finish line is 7miles from the Race HQ, a vehicle will take clothing to the finish for the return cycle to the Race HQ.

Race Service

ALL riders are expected to provide a spare wheel for service (Any rider NOT providing a spare wheel may be refused service in the event of a puncture): **Even No.'s – FRONT and Odd No.'s – REAR**

Points, King of the Mountains and Time Bonuses

During both road race stages there will be Points and King of the Mountains primes with separate competitions being run for each.

Points will be awarded to the first three riders crossing the intermediate primes. Additional points will be awarded at the finish line of Stages 2 & 3 for the first three riders across the line. See below.

King of the Mountain points will be awarded to the first three riders crossing the KoM primes and further KoM points will be awarded at the finish line of Stage 3 only for the first three riders across the line. See below.

The Points primes during the stages also attract time bonuses for the first three riders crossing the intermediate primes (of 6, 4 and 2 seconds) and further time bonuses will be awarded at the finish line of Stages 2 & 3 for the first three riders across the line (of 10, 6 and 4 seconds). All time bonuses will count towards the general classification competition. See below.

Further details of the Points, King of the Mountains and Time Bonuses can be found below.

Points Competition

On **Stage 2** there will be one intermediate sprint on the Cullicudden straight (Location 7) on Lap 1.

On **Stage 3** there will be two intermediate sprints on leaving Jemimaville (Location 13) on Laps 1 and 3.

Points for each Sprint Prime awarded as follows:

| | | |
|-----------------|-----------------|-----------------|
| 1 st | 2 nd | 3 rd |
| 15 | 10 | 5 |

Points awarded at Finish as follows (**Stage 2 AND 3**):

| | | |
|-----------------|-----------------|-----------------|
| 1 st | 2 nd | 3 rd |
| 20 | 15 | 10 |

King of the Mountains Competition

On **Stage 2** there will be one KoM prime at the top of Mount Eagle (Location 9) on Lap 2

On **Stage 3** there will be two KoM primes at the top of Mount High (Location 15) on Lap 2 & at the finish. Points will be awarded as follows:

Points for each KoM Prime awarded as follows:

| | | |
|-----------------|-----------------|-----------------|
| 1 st | 2 nd | 3 rd |
| 15 | 10 | 5 |

Points awarded at Finish as follows (**Stage 3 Only**):

| | | |
|-----------------|-----------------|-----------------|
| 1 st | 2 nd | 3 rd |
| 20 | 15 | 10 |

Time Bonuses

Time Bonus's for each Sprint Prime awarded as follows:

| | | |
|-----------------|-----------------|-----------------|
| 1 st | 2 nd | 3 rd |
| 6sec's | 4sec's | 2sec's |

Time Bonus's at the Finish as follows (Stage 2 and 3):

| | | |
|-----------------|-----------------|-----------------|
| 1 st | 2 nd | 3 rd |
| 10sec's | 6sec's | 4sec's |

No time bonuses will be awarded in respect of the prologue.

Prizes

We have a fantastic prize fund for this event covering the following:

- Top three riders on each Stage,
- Top three riders of the Points Competition,
- Top three riders of the King of the Mountains Competition,
- Most Combative Rider in Stage 2 & Stage 3,
- Top three Lady/Junior Rider Overall,
- Top three Under-23 Riders Overall,
- Top three 4th Cat Riders Overall,
- Top three 3rd Cat Riders Overall,
- Top three Veterans Overall,
- Top three riders Overall.

There will also be spot prizes for the most Combative Rider for each of the Road Race Stages.

A full prize list is noted below:

| Competition | 1st | 2nd | 3rd |
|-----------------------------------|-----------------------|-----------------------|------------|
| Prologue | £35 | £25 | £20 |
| Road Race Stage 2 | £35 | £25 | £20 |
| Road Race Stage 3 | £35 | £25 | £20 |
| Points Competition | £30 | £20 | £10 |
| King of the Mountains | £30 | £20 | £10 |
| Lady/Junior Rider Overall | £40 | £30 | £20 |
| Under-23 Rider Overall | £40 | £30 | £20 |
| 4 th Cat Rider Overall | £40 | £30 | £20 |
| 3 rd Cat Rider Overall | £40 | £30 | £20 |
| Veteran Overall | £40 | £30 | £20 |
| General Classification | £60 | £50 | £40 |

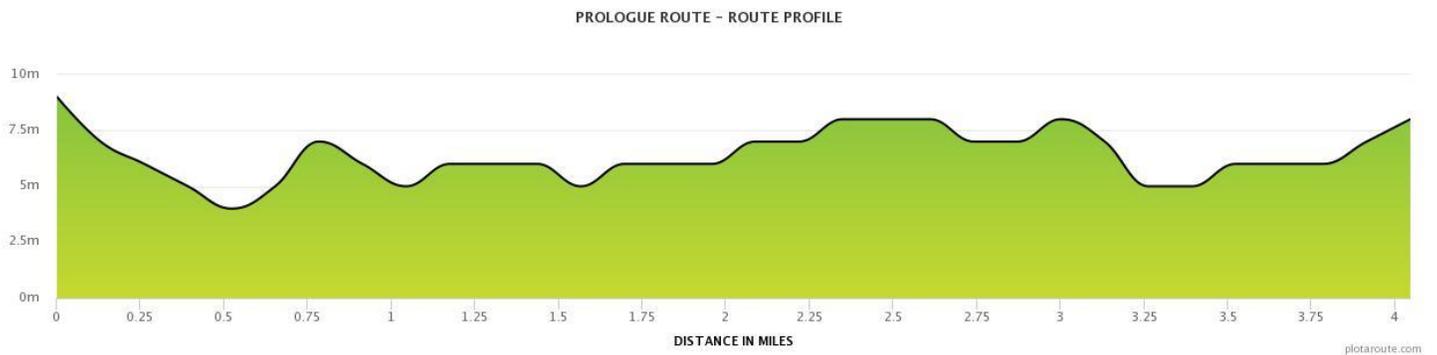
Please note carefully the starting order for the Prologue as it is not rider bib order.

| Prologue | | | |
|--|------------|--------------------|----------|
| Date | Start Time | Anticipated finish | Distance |
| 16/07/2016 | 10:00 | 11:10 | 4.3miles |
| Description: Jemimaville to Cromarty | | | |
| Notes: <ul style="list-style-type: none">i. Allow 20 minutes to arrive at start from Race HQ (4.3miles approx - Location 1)ii. Absolutely no warming up on the course after the Start Time. | | | |

Prologue Route Map



Prologue Route Profile



Stage 2

| Date | Pre Race Briefing (Chief Com/Race Convoy) (Organiser/Marshals) | Pre Race Briefing (Chief Com/Riders) Muster Area | Start Time | Anticipated finish | Distance |
|------------|--|--|---------------|-----------------------|----------|
| 16/07/2016 | From 12:15 to 12:30 | 12:50 | 13:00 | 15:15 | 52miles |

Description:

Race neutralised out of Cromarty on the B9163 towards Jemimaville. At junction turn right continuing on B9163 through Balblair towards Culbokie. At Culbokie turn Left onto unmarked road towards Mount Eagle. Continue over Mount Eagle turning Left (**DANGER – Fast descent and sharp Left turn**) at junction towards Killen. Continue on single track road through Killen to junction with B9160. Turn left down Mount High to complete 1 further full lap of the circuit. On second time down Mount High turn right onto B9163 to finish the race in Cromarty.

Stage 2 Route Map



Stage 2 Route Profile

STAGE 3 ROUTE - ROUTE PROFILE



Stage 3

| Date | Pre Race Briefing (Chief Com/Race Convoy) (Organiser/Marshals) Hall | Pre Race Briefing (Chief Com/Riders) Muster Area | Start Time | Anticipated finish | Distance |
|------------|--|--|---------------|-----------------------|----------|
| 17/07/2016 | From 09:15 to 09:30 | 09:50 | 10:00 | 12:30 | 58miles |

Description :

Starting at 30mph signs leaving Cromarty on B9163, continue through Jemimaville; left turn onto B9160 to Mount High, continue to left turn (**Danger fast descent bridge and sharp left turn**) onto A832 to Cromarty; left turn (**DANGER – Fast descent and sharp left turn**) onto Bayview Crescent and left turn onto B9163 to start; complete a further 2 full circuits then continue on B9163, through Jemimaville to left turn onto B9160 to finish at top of Mount High.

Stage 3 Route Map



Stage 3 Route Profile

STAGE 2 - ROUTE PROFILE



Race Convoy

| | |
|--|--|
| Chief Commissaire: Driver: | Martin Harris Alf Leslie (Sat) / Donald Peterkin (Sun) |
| Assistant Commissaire: Driver: | David Stuart Donald Peterkin (Sat) / Alf Leslie (Sun) |
| Judges: | Bob Brady (Chief Judge), Flora Mason (Judge) & Susan Guest (Judge) |
| Results | John MacMillan |
| Timekeeper(s): | Bob Brady (Start); Brian Pirie & Flora Mason (Finish) |
| Moto Marshalls | National Escort Group – Brian Pirie & Duncan Pockett |
| 1st Lead car: | Andrew MacKenzie |
| 2nd Lead car: | Innes MacRitchie |
| Service 1 – Driver: Mechanic | Brian Nicolas Michael Nicolson |
| Service 2 – Driver: Mechanic | John MacLean Duncan Sutherland |
| First Aid 1 | British Red Cross |
| First Aid 2 Driver: | Graham Whyte (Sat) / James Shewan (Sun) Neil Aimers |
| Broom Wagon | Hector Nicolson |
| Catering | Isla Davidson & Mary McLean |
| Sign On | Susan Guest / Laura Nicolson |
| Clerks of Course | John McLean & Alf Leslie |
| Race Convoy Clerk | Brian Pirie |
| Gear Check | David Stuart (Assistant Commissaire) |

Many thanks to all those who have helped out at this event, without whose time and assistance the race would not be possible.

Prologue Time Trial
Jemimaville to Cromarty (4mls)
16-Jul-2016



Riders Start Order by Time

| Start Pos | Start Time | Bib | UCI Code | Name | Team |
|------------------|-------------------|------------|-----------------|------------------|----------------------|
| 1 | 10:01 | 47 | 1164003 | Donald MacRury | Moray Firth CC |
| 2 | 10:02 | 49 | 1127877 | Samuele Sanna | Musselburgh RCC |
| 3 | 10:03 | 28 | 1015974 | Marc Roberts | Elgin CC |
| 4 | 10:04 | 8 | 1039436 | Cameron Earnshaw | Caithness CC |
| 5 | 10:05 | 44 | 463719 | Peter Fenwick | Moray Firth CC |
| 6 | 10:06 | 27 | 723530 | Terry Christie | Elgin CC |
| 7 | 10:07 | 67 | 1264692 | Andrew MacMaster | West Highland Wh. |
| 8 | 10:08 | 43 | 1175717 | Dean Cunningham | Moray Firth CC |
| 9 | 10:09 | 10 | 1190313 | Allan Shearer | Caithness CC |
| 10 | 10:10 | 52 | 955248 | Alan Horseburgh | Inverness Cycle Club |
| 11 | 10:11 | 6 | 990247 | Brian Fishpool | Cairngorm CC |
| 12 | 10:12 | 9 | 888622 | Andrew Macleod | Caithness CC |
| 13 | 10:13 | 14 | 1078999 | Jody Hall | Deeside Thistle CC |
| 14 | 10:14 | 12 | 920210 | Anthony French | Deeside Thistle CC |
| 15 | 10:15 | 40 | 936921 | Chloe Fraser | LOINTEK |
| 16 | 10:16 | 16 | 1071246 | Mark Walker | Deeside Thistle CC |
| 17 | 10:17 | 58 | 1109706 | Ryan Keir | Synergy Cycles |
| 18 | 10:18 | 54 | 833363 | Robin Atkinson | Shetland Wheelers |
| 19 | 10:19 | 48 | 892902 | Chris Pitblado | Moray Firth CC |
| 20 | 10:20 | 25 | 1002869 | Kris Wright | Edinburgh RC |
| 21 | 10:21 | 20 | 1013572 | Alec Marwick | East Kilbride RC |
| 22 | 10:22 | 71 | 1198488 | Thomas Gelati | Ythan CC |
| 23 | 10:23 | 66 | 1150634 | Scott Wardlaw | Veloclub Edinburgh |
| 24 | 10:24 | 57 | 922082 | Jordan Stronach | Spokes Racing Team |
| 25 | 10:25 | 51 | 975773 | Stephen Collins | Pedal Power RT |
| 26 | 10:26 | 53 | 441297 | Ross Mallen | Royal Air Force CA |
| 27 | 10:27 | 46 | 903863 | Lewis MacFarlane | Moray Firth CC |
| 28 | 10:28 | 33 | 921267 | Richard McGhee | Glasgow Nightingale |
| 29 | 10:29 | 35 | 1107520 | Jonathan Gamwell | Glasgow Uni CC |
| 30 | 10:30 | 29 | 931545 | William Turner | Falkirk Bicycle Club |
| 31 | 10:31 | 23 | 927775 | Scott McGonigle | Edinburgh RC |
| 32 | 10:32 | 17 | 1060781 | Chris Williamson | Deeside Thistle CC |
| 33 | 10:33 | 31 | 708613 | Calum Shackley | Glasgow Cycle Team |
| 34 | 10:34 | 7 | 714825 | Charles Fletcher | Cairngorm CC |

| | | | | | |
|----|-------|----|---------|-------------------|------------------------|
| 35 | 10:35 | 45 | 820673 | Fraser MacBeath | Moray Firth CC |
| 36 | 10:36 | 21 | 835329 | Kieran Robbins | East Kilbride RC |
| 37 | 10:37 | 4 | 892556 | Finn Crockett | Pro Vision |
| 38 | 10:38 | 15 | 711103 | Tim Mackley | Deeside Thistle CC |
| 39 | 10:39 | 18 | 900262 | Calum Gray | DUMRCC |
| 40 | 10:40 | 19 | 904606 | David Gleave | East Kilbride RC |
| 41 | 10:41 | 22 | 950985 | Alan Dean | Edinburgh RC |
| 42 | 10:42 | 30 | 833604 | John Gartland | GJS Cruise Racing |
| 43 | 10:43 | 32 | 901695 | Neill Kemp | Glasgow Nightingale |
| 44 | 10:44 | 37 | 993124 | Gavin Dempster | Highland Bikes RT |
| 45 | 10:45 | 38 | 887797 | Andrew Bruce | Kinross CC |
| 46 | 10:46 | 50 | 1032563 | Wilson Renwick | Parentini Test Team |
| 47 | 10:47 | 55 | 839494 | Stephen Dent | Spokes Racing Team |
| 48 | 10:48 | 59 | 949616 | Callum Sharp | Synergy Cycles |
| 49 | 10:49 | 63 | 1012162 | Walter Hamilton | Veloclub Edinburgh |
| 50 | 10:50 | 68 | 453076 | Alastair McNicol | Dooleys-Cycles.co.uk |
| 51 | 10:51 | 61 | 423687 | Kevin Barclay | TheBicycleWorks |
| 52 | 10:52 | 3 | 722217 | David Griffiths | Pro Vision |
| 53 | 10:53 | 65 | 438977 | Lewis Oliphant | Veloclub Edinburgh |
| 54 | 10:54 | 56 | 836734 | John MacLeod | Spokes Racing Team |
| 55 | 10:55 | 11 | 202608 | Martin Lonie | Clay Cross RT |
| 56 | 10:56 | 5 | 721989 | Hamish Carrick | Berwick Wh CC |
| 57 | 10:57 | 42 | 1071639 | Noel Baxter | Moray Firth CC |
| 58 | 10:58 | 36 | 887830 | Grant Martin | Spokes Racing Team |
| 59 | 10:59 | 64 | 901261 | Kris Lindsay | Veloclub Edinburgh |
| 60 | 11:00 | 70 | 427733 | Gavin Shirley | Dooleys-Cycles.co.uk |
| 61 | 11:01 | 60 | 1216987 | Daniel Nieto | TBW Bottecchia Wigmore |
| 62 | 11:02 | 24 | 906232 | Peter Wakely | Edinburgh RC |
| 63 | 11:03 | 26 | 441717 | Tom Broadbent | Elgin CC |
| 64 | 11:04 | 34 | 1106890 | Sean Stead | Glasgow Nightingale |
| 65 | 11:05 | 39 | 887131 | Matthew Cartlidge | Kuota-Spinergy-GSG |
| 66 | 11:06 | 41 | 833905 | Danny Hedley | Moray Cycle RT |
| 67 | 11:07 | 62 | 880889 | Graeme Cross | TheBicycleWorks |
| 68 | 11:08 | 2 | 958919 | John Archibald | Pro Vision |
| 69 | 11:09 | 69 | 824232 | Aidan Quinn | Dooleys-Cycles.co.uk |
| 70 | 11:10 | 1 | 420632 | Jason Roberts | Pro Vision |

Prologue Time Trial
Jemimaville to Cromarty (4mIs)
16-Jul-2016



Start Time by Rider Number Order

| Start Pos | Start Time | Bib | UCI Code | Name | Team |
|------------------|-------------------|------------|-----------------|------------------|----------------------|
| 70 | 11:10 | 1 | 420632 | Jason Roberts | Pro Vision |
| 68 | 11:08 | 2 | 958919 | John Archibald | Pro Vision |
| 52 | 10:52 | 3 | 722217 | David Griffiths | Pro Vision |
| 37 | 10:37 | 4 | 892556 | Finn Crockett | Pro Vision |
| 56 | 10:56 | 5 | 721989 | Hamish Carrick | Berwick Wh CC |
| 11 | 10:11 | 6 | 990247 | Brian Fishpool | Cairngorm CC |
| 34 | 10:34 | 7 | 714825 | Charles Fletcher | Cairngorm CC |
| 4 | 10:04 | 8 | 1039436 | Cameron Earnshaw | Caithness CC |
| 12 | 10:12 | 9 | 888622 | Andrew Macleod | Caithness CC |
| 9 | 10:09 | 10 | 1190313 | Allan Shearer | Caithness CC |
| 55 | 10:55 | 11 | 202608 | Martin Lonie | Clay Cross RT |
| 14 | 10:14 | 12 | 920210 | Anthony French | Deeside Thistle CC |
| 13 | 10:13 | 14 | 1078999 | Jody Hall | Deeside Thistle CC |
| 38 | 10:38 | 15 | 711103 | Tim Mackley | Deeside Thistle CC |
| 16 | 10:16 | 16 | 1071246 | Mark Walker | Deeside Thistle CC |
| 32 | 10:32 | 17 | 1060781 | Chris Williamson | Deeside Thistle CC |
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| 21 | 10:21 | 20 | 1013572 | Alec Marwick | East Kilbride RC |
| 36 | 10:36 | 21 | 835329 | Kieran Robbins | East Kilbride RC |
| 41 | 10:41 | 22 | 950985 | Alan Dean | Edinburgh RC |
| 31 | 10:31 | 23 | 927775 | Scott McGonigle | Edinburgh RC |
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| 6 | 10:06 | 27 | 723530 | Terry Christie | Elgin CC |
| 3 | 10:03 | 28 | 1015974 | Marc Roberts | Elgin CC |
| 30 | 10:30 | 29 | 931545 | William Turner | Falkirk Bicycle Club |
| 42 | 10:42 | 30 | 833604 | John Gartland | GJS Cruise Racing |
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| | | | | | |
|----|-------|----|---------|-------------------|------------------------|
| 58 | 10:58 | 36 | 887830 | Grant Martin | Spokes Racing Team |
| 44 | 10:44 | 37 | 993124 | Gavin Dempster | Highland Bikes RT |
| 45 | 10:45 | 38 | 887797 | Andrew Bruce | Kinross CC |
| 65 | 11:05 | 39 | 887131 | Matthew Cartlidge | Kuota-Spinergy-GSG |
| 15 | 10:15 | 40 | 936921 | Chloe Fraser | LOINTEK |
| 66 | 11:06 | 41 | 833905 | Danny Hedley | Moray Cycle RT |
| 57 | 10:57 | 42 | 1071639 | Noel Baxter | Moray Firth CC |
| 8 | 10:08 | 43 | 1175717 | Dean Cunningham | Moray Firth CC |
| 5 | 10:05 | 44 | 463719 | Peter Fenwick | Moray Firth CC |
| 35 | 10:35 | 45 | 820673 | Fraser MacBeath | Moray Firth CC |
| 27 | 10:27 | 46 | 903863 | Lewis MacFarlane | Moray Firth CC |
| 1 | 10:01 | 47 | 1164003 | Donald MacRury | Moray Firth CC |
| 19 | 10:19 | 48 | 892902 | Chris Pitblado | Moray Firth CC |
| 2 | 10:02 | 49 | 1127877 | Samuele Sanna | Musselburgh RCC |
| 46 | 10:46 | 50 | 1032563 | Wilson Renwick | Parentini Test Team |
| 25 | 10:25 | 51 | 975773 | Stephen Collins | Pedal Power RT |
| 10 | 10:10 | 52 | 955248 | Alan Horseburgh | Inverness Cycle Club |
| 26 | 10:26 | 53 | 441297 | Ross Mallen | Royal Air Force CA |
| 18 | 10:18 | 54 | 833363 | Robin Atkinson | Shetland Wheelers |
| 47 | 10:47 | 55 | 839494 | Stephen Dent | Spokes Racing Team |
| 54 | 10:54 | 56 | 836734 | John MacLeod | Spokes Racing Team |
| 24 | 10:24 | 57 | 922082 | Jordan Stronach | Spokes Racing Team |
| 17 | 10:17 | 58 | 1109706 | Ryan Keir | Synergy Cycles |
| 48 | 10:48 | 59 | 949616 | Callum Sharp | Synergy Cycles |
| 61 | 11:01 | 60 | 1216987 | Daniel Nieto | TBW Bottecchia Wigmore |
| 51 | 10:51 | 61 | 423687 | Kevin Barclay | TheBicycleWorks |
| 67 | 11:07 | 62 | 880889 | Graeme Cross | TheBicycleWorks |
| 49 | 10:49 | 63 | 1012162 | Walter Hamilton | Veloclub Edinburgh |
| 59 | 10:59 | 64 | 901261 | Kris Lindsay | Veloclub Edinburgh |
| 53 | 10:53 | 65 | 438977 | Lewis Oliphant | Veloclub Edinburgh |
| 23 | 10:23 | 66 | 1150634 | Scott Wardlaw | Veloclub Edinburgh |
| 7 | 10:07 | 67 | 1264692 | Andrew MacMaster | West Highland Wh. |
| 50 | 10:50 | 68 | 453076 | Alastair McNicol | Dooleys-Cycles.co.uk |
| 69 | 11:09 | 69 | 824232 | Aidan Quinn | Dooleys-Cycles.co.uk |
| 60 | 11:00 | 70 | 427733 | Gavin Shirley | Dooleys-Cycles.co.uk |
| 22 | 10:22 | 71 | 1198488 | Thomas Gelati | Ythan CC |

Marshalls & Helpers List

| <i>Stage 1 - Prologue ITT (4.3miles)</i> | | | | | |
|---|-------------|-----------------|--------------|-------------------|---------------------|
| WHO | WHAT | LOCATION | NOTES | Signed In? | In Position? |
| Bob Brady | Timekeeper | 1 | | | |
| Brian Pirie | Timekeeper | 2 | | | |
| Flora Mason | Recorder | 2 | | | |
| Hector Nicholson Eric Davidson | Pusher Off | 1 | | | |

| <i>Stage 2 – Cromarty/Mount Eagle Circuit (52miles)</i> | | | | | |
|--|--------------|-----------------|--|-------------------|---------------------|
| WHO | WHAT | LOCATION | NOTES | Signed In? | In Position? |
| Peter Sanctuary, Michael MacRae | Marshall | 3 & 10 | Move to Location 10 | | |
| David MacFadyen Iain MacFarlane | Marshall | 4 & 11 | Move to Location 11 | | |
| Phil Richmond, Darren Morrison | Marshall | 5 & 12 | | | |
| Phil Lee, Anna Murray | Marshall | 6 & 2 | Move to finish after 2 nd pass | | |
| Bob Brady, Flora Mason Susan Guest | Sprint Prime | 7 | Lap 1 only, move to Ref 9 after | | |
| Beth Anderson Iain Gordon | Marshall | 8 | | | |
| Bob Brady, Flora Mason Susan Guest | KoM Prime | 9 | Lap 2 only, Return to finish after | | |

Stage 3 – Cromarty/Mount High Circuit (58miles)

| WHO | WHAT | LOCATION | NOTES | Signed In? | In Position? |
|---|-----------------------|-----------------|---|-------------------|---------------------|
| Beth Anderson Phil Lee Iain Gordon | Marshall | 3 | | | |
| David MacFadyen Stevie Mitchell Jim Davidson | Marshall | 4 | | | |
| Bob Brady, Flora Mason, Susan Guest | Sprint Judges | 13 | Laps 1 and 3 | | |
| Michael MacRae Anne Murray Fiona MacRitchie | Marshall | 14 | | | |
| Photo Finish Gents, Peter Sanctuary, Phil Richmond Iain MacFarlane | KOM Judge Marshall | 15 | Lap 2 and Finish Finish Only | | |
| Peter Sanctuary, Phil Richmond Iain MacFarlane | Marshall | 16 & 15 | Make way to Location 15 after last riders pass. | | |

LOCATION KEY

| | |
|-----|--|
| 1. | Entrance to Jemimaville – Waste Water Treatment Works at the speed derestriction sign leaving the east end of Jemimaville, (Prologue start). |
| 2. | Cromarty – Finish (Prologue & Stage 2): 30m beyond 30 mph signs on entry to Cromarty Bottom of climb on exit of village. |
| 3. | Cromarty – Right Turn onto Bayview Crescent (Stage’s 2 & 3 Race Start Only). |
| 4. | Cromarty – Left Turn into B9163. |
| 5. | End of B9163 at Bottom of Mount High – Right turn towards Balblair. |
| 6. | Smiddy Bridge. |
| 7. | Minor crossroads St.Martins Mill/Craigton 10.5miles from the start (Sprint Prime, Stage 2, Lap 1). |
| 8. | Culbokie – Left Turn towards Mount Eagle. |
| 9. | Mount Eagle Summit – KoM Prime, Stage 2, Lap 1. |
| 10. | Left turn onto Killen road from descent of Mount Eagle. |
| 11. | Mount High – Killen Road End; Left Turn onto B9160. |
| 12. | Bottom Of Mount High B9160 – Right turn towards Jemimaville at Race Finish in Cromarty. |
| 13. | Udale - Layby approx. 500 meters west of Jemimaville (Sprint Prime, Stage 3, Lap’s 1 & 3). |
| 14. | Bottom Of Mount High B9160 – Left turn towards Mount High. |
| 15. | Mount High Summit – KoM Prime, Stage 3, Lap 2 & Finish. Mount High Summit – Finish of Stage 3 (after 3 & a half lap’s). |
| 16. | Janefield (Top of Fairy Glen) – Left turn onto A832 towards Cromarty. |
| 17. | Cromarty – Left Turn onto Bayview Crescent (Stage 3). |

Running Order - Officials

| Date | 16/07/2016 | | |
|---------------|--|--------------------------------------|--|
| Time | What | Responsible Party | Location |
| 07:30 | Final Route Inspection Place signs | Organiser Course Clerks | Race Route |
| 08:45 | Open Hall | Organiser | Race HQ |
| 09:00 | Sign on | Sign On Marshals/All Riders | Race HQ |
| 09:30 | Sign on Closes | Sign On Marshals | Race HQ |
| 10:00 | Prologue Start | Chief Comm/ Timekeeper/All Riders | Location 1 |
| 10:00 | Place signs Stage 2 | Course Clerks | Race Route |
| 12:00 | Sign on Stage 2 Opens | All Riders | Race HQ |
| 12:00 – 12:45 | Vehicle Check; Set up convoy; Race Radio Checks | Race Convoy Clerk | Race HQ |
| 12.15 | Marshals briefing | Organiser/Chief Comm | Race HQ |
| 12:20 | Marshals to Positions | All Marshals | Race Route/Locations as noted above |
| 12:30 | Sign on closes | Sign On Marshals | Race HQ |
| 12:30 | Convoy briefing (Stage 2) | Chief Comm/ Convoy drivers | Race HQ |
| 12:30 | Organiser checks course Marshals in Position | Organiser | Race Route |
| 12:50 | Rider Briefing | Chief Comm/All Riders | Riders Muster Area |
| 13:00 | Race Starts / Race Neutralised | Chief Comm/All Riders/Race Convoy | Location 2 |
| | | | |
| Date | 17/07/2016 | | |
| Time | What | Responsible Party | Location |
| 07:30 | Final Rout Inspection Place signs | Organiser Course Clerk | Race Route |
| 08:45 | Open Hall | Organiser | Race HQ |
| 09:00 | Sign On | Sign On Marshals/ All Riders | Race HQ |
| 09:00- 09:45 | Vehicle Check; Set up convoy; Race Radio Checks | Race Convoy Clerk | Race HQ |
| 09:15 | Marshals briefing | Organiser/Chief Comm | Race HQ |
| 09:20 | Marshals to Positions | All Marshals | Race Route/Locations as noted above |
| 09:30 | Sign on closes | Sign On Marshals | Race HQ |
| 09:30 | Convoy brief (Stage 3) | Chief Comm/Convoy Drivers | Race HQ |
| 09:30 | Organiser checks course Marshals in Position | Organiser | Race Route |
| 09:50 | Rider Briefing | Chief Comm/All Riders | Riders Muster Area |
| 10:00 | Race Starts / Race Neutralised | Chief Comm/All Riders/Race Convoy | Location 2 |

MUSTER AREAS

Riders Muster Area

Race HQ

**Pre Race Briefings:
(Race Convoy/Chief Com
Organiser/Marshals)**

Race HQ

Convoy Set Up:

**Road/Bus Area
Immediately in front of
HQ**

RUNNING ORDER – RIDERS

| Date: 16 July 2016 | | |
|---------------------------|-------------------------------|-----------------|
| Time | What | Location |
| 08:45 | Hall Opens | Race HQ |
| 09:00 | Sign on | Race HQ |
| 09:00-45 | Gear Check- Juniors | Race HQ |
| 09:30 | Sign on closes | Race HQ |
| 10:00 | Prologue Start | Location 1 |
| 11:50 | Prologue Results/Presentation | Race HQ |
| 12:00 | Sign on Stage 2 | Race HQ |
| 12:00-45 | Gear Check- Juniors | Race HQ |
| 12:30 | Sign on closes | Race HQ |
| 12:50 | Rider briefing | Race HQ |
| 13:30 | Race neutralised | Location 2 |
| 16:30 | Stage 2 results/presentation | Race HQ |
| | | |
| Date: 17 July 2016 | | |
| Time | What | Location |
| 08:45 | Hall opens | Race HQ |
| 09:00 | Sign on | Race HQ |
| 09:00-45 | Gear Check- Juniors | Race HQ |
| 09:30 | Sign on closes | Race HQ |
| 09:50 | Riders briefing | Muster Area |
| 10:00 | Race Neutralised | Location 2 |
| 13:00 | Results/Presentation | Race HQ |