

# MFCC AGM 2019

## **1 Welcome & Apologies**

### Apologies

Neil Sharpe  
Chris Pitblado  
James Shewan  
Laura Nicolson  
Bruce Mitchell

### Attendees

Chris Goddard (Chair)  
Fraser Macbeath (Secretary)  
Ross MacDonald (Treasurer)  
Kenny Riddle (Club Captain)  
Eric Davidson  
Stuart Morrison  
Arendijus Dyra  
John MacMillan  
Hector Nicolson  
Graham Whyte  
Eric Innes  
Andrew Gajda  
Scott Davidson

## **2 Reports**

### **2.1 Chairs Report**

#### Winter Schedule

- a) Tuesday Turbo/Core Session – Grebe Hall, Drakies – Organised by Hector Nicolson & Kenny Riddle, the session turned out to be sufficiently well attended to cover the hire costs of the hall with the numbers attending usually between 6 to 12 people.
- b) Saturday training ride – The ride on a regular basis justified having two groups of riders that ride out on the Beauly road to Marybank and the return leg on the same road. However, numbers were slightly down from previous years. It is suspected that this may have been due to this year being the first time that the ride involved “through and off” riding. With it being less of a social ride this may have put some riders off from joining the ride.
- c) Sunday Club ride – Not many club riders attending the Sunday club ride. However, for the café rides which occur at the end of every month, these have been well supported and are really popular with club members.

#### Summer Schedule

- a) Monday Recovery/Beginners ride – Hector Nicolson helped organise this at the

beginning of the summer, however due to work commitments Hector passed on organisation to Stuart Morrison, Steve Kennedy & Michael Macinnes who shared the responsibility as & when each could attend. There were not many riders who attended, however at the end of the summer there were a number of visitors/tourists who attended as well as local riders whom are not current club members but wanted to see what rides the club arrange.

- b) Tuesday Hill reps – Hill reps never happened this summer. Instead Hector Nicolson arranged informal 10TT training rides on Culloden road out to Clephanton and back. This was very informal with no timekeeping and was done on the basis that riders used their cycle computers to record their own times. During the summer there was up to half a dozen club members who attended.
- c) Thursday Chain gang – As with previous years this was easily the most successful scheduled club ride with rider numbers being excellent throughout the summer with there being at least 3 to 4 groups every week. Even when a road diversion was in place due to the construction of the new bridge near Clephanton junction, an alternative route was used on a temporary basis without any issues being caused.
- d) Saturday training ride – SAME AS WINTER SCHEDULE.
- e) Sunday Club ride – SAME AS WINTER SCHEDULE.

## **Club Events**

### 25/11/18 - Burnside Wood Cycle Cross

The event at Burnside Wood on the Black Isle and were organised by Graham Whyte which was part of the North of Scotland Cycle Cross Series. The numbers for each event were good with approximately 70 riders in total registered for the various events. Was a cold day, but both the riders and helpers welcomed the hot drinks, soup and log stoveon offer in the barn.

### 17/02/19 - Reliability Ride

To bring something different to the North of Scotland, at relative short notice James Shewan organised a Reliability Ride. The HQ was at Muir of Ord Village Hall and the route was essentially around the Black Isle before returning to the HQ. Considering it being organised at short notice this event was a great success with over 40 riders entering on the day. This event highlighted an appetite of local riders to be involved in an alternative event during the depths of winter.

### 01/05/19 - Daviot 10TT

This event was organised by Graham Whyte with the HQ being at Farr Village Hall. The total number of riders on the night was only 14. The reason for the low numbers is likely due to the hilly TT course being used, as this has been noted in previous years when compared to the number of rider entries when flatter courses have been used.

### 02/06/19 MFCC Road Race

This Road Race was part of the Scottish Cycling North Road Race series. On the back of a

successful event held on the same course on the Black Isle for the past couple of years, Kenny Riddle organised the Cat 3/4 Road Race on the Black Isle with the finish being at the top of the brutal climb at the Culbokie Inn. Approximately 50 riders registered for the event and in typical MFCC fashion there were plenty of club volunteers for the event which took place without any issues and was a success.

#### 19/06/19 - Garve 2-up

On the back of the club resurrecting a 2-up TT event last year, Neil Sharpe organised the event for a mid-summer's Wednesday evening. This year there were 14 pairs which rode on the evening. When compared to the previous year the numbers were slightly up when only 10 pairs entered.

#### 26/06/19 – Kildary 10TT

Due to the Croachy 10TT course being deemed unsafe since the end of 2018, as an alternative the Kildary 10TT course was used and organised by Chris Goddard. For this mid-week event, 38 riders took part on the nice summer's evening at which plenty of PB's were achieved in the favourable weather conditions.

#### 25/08/19 – Garve 25TT

Given that so few 25TT's being held in the North of Scotland, this event was included on our schedule. In the past the Garve course has been challenging for riders with an unforgiving westerly headwind riding out to Achnasheen. However, on this Sunday morning the weather gods were on the rider's side with very favourable conditions which they would be lucky to repeat. On the day there was 20 riders who entered.

*As with all events, officials and volunteers are required to give up their free time to help make these events occur and be a success. So, on behalf of the club I'd like to thank everyone who has helped at events organised by the club. Even if it's a case of just standing at a quiet road junction with a high visibility vest on, without these small contributions these events would simply not go ahead.*

#### Update from 2018 AGM

*If members remember from the 2018 AGM, at the end of August during a Thursday evening chain gang there was an incident with a car where some riders were knocked off their bikes due to suspected dangerous driving. Following the incident being reported to the police and subsequent court appearance the driver has now been banned for one year, fined £400 and will be required to re-sit the extended driving test. Although some may deem the punishment to be light, it is a step in the right direction where car drivers need to be responsible for their actions and be considerate to other road users.*

## **2.2 Club Captains Report**

From our weekly scheduled club rides, the chaingang rides (on Thursday evenings and Saturday mornings) still prove to be the most popular. Sunday runs usually attract lower numbers but Hector's café rides on the last Sunday of each month are well attended.

The Ivor Reid memorial ride was very successful with 150 riders taking part. It is planned that this event will be run again for 2020 earlier in the season. The proposed date is Sunday 1<sup>st</sup> March 2020.

Notable results from club members this season include:

- Gavin Dempster won the MFCC Road Race
- Gavin's result in the British Championships elite race on Zwift was recently upgraded from 4<sup>th</sup> to 3<sup>rd</sup> after the winner was disqualified.
- There was a large number of PBs this year in club and open Time Trials including several riders breaking the hour at 25TTs.
- Chris Pitblado won the Pan Celtic Race – 1500miles with 27,000m ascent. Chris was also 3<sup>rd</sup> in the Strathpuffer solo category.
- MFCC top3 at Etape Loch Ness – with Lewis Macfarlane, Richie Sim and Darren Dean filling the podium spots.
- Paul Rodden was 3<sup>rd</sup> at the Tour of the Highlands 3day race.
- Natalie Munro won her solo category at 10 Under the Ben
- Lynne Cordiner won Tour of the Highlands and also the recent Poppy Scotland 102miler
- Gregor Grant picked up some good results at the SXC MTB races. He finished 2<sup>nd</sup> overall in the series and also 2<sup>nd</sup> in the Championships race.

Some upcoming results to keep an eye on:

- Graham Doig will be competing in the Masters Tour of Mallorca.
- Graham Whyte is organising a cyclocross race at Burnside on November 3<sup>rd</sup>.



information.

## **5 Club Communications**

It was agreed that communications should remain as-is. Information is sent out via email, twitter and facebook.

For the club website it is to be looked into how a website forum can be created to allow only club members to have discussions & updates via the website.

## 6 Club sessions

### Winter Schedule

- a) Tuesday Turbo/Core Session – Grebe Hall, Drakies – Hector Nicolson & Kenny Riddle to arrange (as per last year). Turbo & core sessions to take place at the same time, so participants can choose which to take part in. Hector to arrange for the sessions to start from Tuesday 1<sup>st</sup> November. Non-club members are also welcome to attend. Details to be put on the website & Facebook Group page at the end of October to publicise this club evening session. To pay for the hire of the hall, entry fee to be £2.00.
- b) Saturday training ride – To encourage more riders attending, until the end of January it will be a normal “club ride” i.e. no “through and off”. The previous route via Beaully/Marybank to be used (approx. 40 miles) and then during the winter will be gradually extended to include the Brahan climb & Maryburgh. In February the ride will then change to include “through and off” riding to help prepare riders for the summer season.
- c) Sunday Club ride – To attract more riders on a regular basis this club ride will include a café stop every week. Dependant on the numbers attending, at the end of the year it will then be determined whether to continue with a weekly café stop, or revert back to the café stop being at the end of every month.

### Summer Schedule

- a) Monday Recovery/Beginners ride (1800hrs), Castle St Car Park – Stuart Morrison, Steve Kennedy & Michael Macinnes to continue sharing the responsibility as & when each can attend. Route to be determined on the evening of the ride.
- b) Tuesday 10TT Training Ride (1830hrs), Culloden Battlefield car park - 10TT training rides to be organised by Hector Nicolson. Route is out to Clephanton junction and back. This will be done on an informal basis where riders do their own timing via their cycle computers. No timekeepers or marshals will be in attendance. A Strava segment is to be created and put onto the club website alongside the training information.
- c) Thursday Chain gang (1800hrs first two weeks then 1815hrs onwards), Culloden Battlefield car park.
- d) Saturday training ride – See Winter Schedule
- e) Sunday Club ride – See Winter Schedule

## 7 Race Organisation for 2019

Date	Race	Organiser
03/11/19	Burnside – Cycle Cross	Graham Whyte
16/02/20	Reliability Ride – Black Isle Route	James Shewan
01/03/20	Ivor Reid Memorial Ride (note – not an MFCC event but a lot of MFCC members involved)	Kenny Riddle
10/06/20	MFCC – APR <sup>Note 1</sup>	James Shewan
24/06/20	MFCC 10TT <sup>Note 2</sup>	Eric Davidson
15/07/20	MFCC – APR <sup>Note 1</sup>	James Shewan
12/08/20	MFCC – APR <sup>Note 1</sup>	James Shewan

### Notes

1 – MFCC to arrange 2 out of the 3 proposed dates. James is to liaise with other local clubs to see if they are willing to organise the 3<sup>rd</sup> APR as part of their own club events.

2 – Course yet to be confirmed by the organiser.

## 8 Club Expenditure

Same annual expenditures as last year (refer to account spreadsheet).

### First Aid Course

The First Aid certificates of club member who undertook the one-day course early 2017 are soon to expire. To supplement the number of club members with valid First Aid certificates (and allow assistance at club events) Kenny Riddle, Eric Davidson & Eric Innes offered to attend a first aid course to obtain the necessary certificate, if arranged & paid by the club. Email invite will be made to other club members to undertake the course (maximum of 7 members).

Kenny Riddle to enquire about a suitable first aid course.

### First Aid Kits

The existing First Aid kits are to be inspected to confirm if any items need replacing. Additional kit may be required to ensure appropriate kit is provided for CX events.

### Club Gazebo

Chris Goddard to enquire and procure a gazebo complete with the club logos.

### Café Ride

To encourage more club members to attend the Sunday rides, a café ride is to be arranged (proposed end of January) where at the café stop, drinks and cakes will be purchased by the club for all club members who attend.

### Closed Club CX Event - Burnside

To encourage club members to try cyclocross, a closed club CX event is to be held at Burnside. Provisional date of Saturday 28<sup>th</sup> December proposed.

## **9 Appointments**

Chair: Chris Goddard

Club Captain: Kenny Riddle

Treasurer: Ross MacDonald

Secretary: Fraser MacBeath

CTT Rep: Eric Davidson

Welfare Officer: To be confirmed – Neil Sharpe to be asked if he is willing to continue in the role

## **10 Any Other Business (A.O.B)**

### Zwift Club rides

Eric Davidson & Andrew Gajda to look into the feasibility of a Zwift “Club ride” for the winter season. If feasible information will be distributed to club members.

### Club Kit Storage

After many years of storing of the club equipment, John Maclean wants to relinquish storage of this equipment (many thanks to John for your assistance over the years!!). Graham Whyte agreed to store this equipment for the interim period. Once the Burnside CX events are complete, the equipment will then be stored by Eric Davidson.